

Date of first assessment contact: \_\_\_\_\_

Assessing Practitioner (Name and Discipline): \_\_\_\_\_

Client/Others Interviewed: \_\_\_\_\_

**I. Demographic Data & Special Service Needs:**

**DOB:** \_\_\_\_\_ **Gender:** \_\_\_\_\_ **Ethnicity:** \_\_\_\_\_ **Marital Status:** \_\_\_\_\_

Referral Source: \_\_\_\_\_

Non-English Speaking, specify language used for this interview: \_\_\_\_\_

Were Interpretive Services provided for this interview?  Yes  No

Cultural Considerations, specify: \_\_\_\_\_

Physically challenged (wheelchair, hearing, visual, etc.) specify: \_\_\_\_\_

Access issues (transportation, hours), specify: \_\_\_\_\_

**II. Reason for Referral/Chief Complaint**

Describe precipitating event(s)/Reason for Referral,

Current Symptoms and Behaviors (intensity, duration, onset, frequency) and Impairments in Life Functioning caused by the symptoms/behaviors (from perspective of client and others):

Client Strengths (to assist in achieving treatment goals)

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**III. Mental Health History:**

**History of Problem Prior to Precipitating Event:** Include treated & non-treated history.

**Impact of treatment and non-treatment history:** on the client's level of functioning, e.g., ability to maintain residence, daily living and social activities, health care, and/or employment.

**Psychiatric Hospitalizations:**  Yes  No  Unable to Assess  
If yes, describe dates, locations, and reasons

**Outpatient Treatment:**  Yes  No  Unable to Assess  
If yes, describe dates, locations and reasons.

**Past Suicidal/Homicidal Thoughts/Attempts** including dates, threat, intent, plan, target(s), access to lethal means, method used:

**History of Trauma or Exposure to Trauma:**  Yes  No  Unable to Assess  
Has client ever (1) been physically hurt or threatened by another, (2) been raped or had sex against their will, (3) lived through a disaster, (4) been a combat veteran or experienced an act of terrorism, (5) been in a severe accident, or been close to death from any cause, (6) witnessed death or violence or the threat of violence to someone else, or (7) been the victim of a crime?

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**IV. Medications**

List "all" past and present psychotropic medications used, prescribed/non-prescribed, by name, dosage, frequency. Indicate from client's perspective what seems to be working and not working.

<u>Medication</u>	<u>Dosage/Frequency</u>	<u>Period Taken</u>	<u>Effectiveness/Response/Side Effects/Reactions</u>

General Medication Comments (include significant non-psychotic medication issues/history):

**V. Substance Use/Abuse**

***"MH659 -Co-Occurring Joint Action Council Screening Instrument"***

1. Were any of the questions checked "Yes" in Section 2 "Alcohol & Drug Use"?  Yes\*  No **If yes, complete MH633**  
 2. Were any of the questions checked "Yes" in Section 3 "Trauma/Domestic Violence"?  Yes  No **If yes, answer 2a**  
 2a. Was the Trauma or Domestic Violence related to substance use?  Yes\*  No **If yes, complete MH633**  
*Be sure to document re: Trauma or Domestic Violence in Part A of "Psychosocial History" on page 3 of the Initial Assessment.*

**Does the client currently appear to be under the influence of alcohol or drugs?**  Yes  No  Unable to Assess  
**If yes, When was the last time the client used alcohol or drugs?**

**Has the client ever received professional help for his/her use of alcohol or drugs?**  Yes  No  Unable to Assess  
**Comments on alcohol/drug use:**

**How is Mental Health impacted by substance use (Clinician's Perspective)?** Must be completed if any services will be directed towards Substance Use/Abuse.

\* MH 633 "Supplemental Co-Occurring Disorders Assessment" completed on: \_\_\_\_\_

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**VI. Medical History**

MD Name: \_\_\_\_\_ MD Phone: \_\_\_\_\_ Date of Last Physical Exam: \_\_\_\_\_

**Major medical problem (treated or untreated)** (Indicate problems with check: Y or N for client, Fam for family history.)

Fam	Y	N		Fam	Y	N		Fam	Y	N		Fam	Y	N	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Seizure/neuro disorder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Cardiovascular disease/symp	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Liver disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Diarrhea
	<input type="checkbox"/>	<input type="checkbox"/>	Head trauma	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Thyroid disease/symp	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Renal disease/symp	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Cancer
	<input type="checkbox"/>	<input type="checkbox"/>	Sleep disorder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Asthma/lung disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hypertension	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sexual dysfunction
	<input type="checkbox"/>	<input type="checkbox"/>	Weight/appetite chg	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Blood disorder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sexually trans disease
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Allergies (If Yes, specify):					<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	HIV Test	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Pregnant
	<input type="checkbox"/>	<input type="checkbox"/>	Sensory/Motor Impairment (If Yes, specify):								If yes, date:				If yes, due date:
	<input type="checkbox"/>	<input type="checkbox"/>	Pap smear	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Mammogram								
			If yes, date:				If yes, date:								

Comments on above medical problems, other medical problems, and any hospitalizations, including dates and reasons.

**VII. Psychosocial History**

Please state specifically how Mental Health status directly impacts each area below; Be sure to include the client's strengths in each area.

**Education**

Special Education:  Yes  No  Unable to Assess Learning Disability:  Yes  No  Unable to Assess  
Motivation, education goals, literacy skill level, general knowledge skill level, math skill level, school problems, etc:

**Employment History, Readiness for Employment and Means of Financial Support**

Current Paid Employment:  Yes  No  Unable to Assess Military Service:  Yes  No  Unable to Assess  
Work related problems, volunteer work, money management, source of income, longest period of employment, etc:

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**Legal History and Current Legal Status**

Arrests/DUI, probation, convictions, divorce, conservatorship, parole, child custody, etc:

**Current Living Arrangement and Social Support Systems**

Type of living setting, problems at setting, community, religious, government agency, or other types of support, etc:

**Dependent Care Issues**

Number of Dependent Adults: \_\_\_\_\_ Number of Dependent Children: \_\_\_\_\_

Ages of children, school attendance/behavior problems of children, special needs of dependents, foster care/group home placement issues, child support, etc:

**Family and Relationships**

History of Mental Illness in Immediate Family:  Yes  No  Unable to Assess

Alcohol/Drug Abuse in Immediate Family:  Yes  No  Unable to Assess

Family constellation, family of origin, family dynamics, cultural factors, nature of relationships, domestic violence, physical or sexual abuse, home safety issues, family medical history, family legal/criminal issues

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**VIII. Mental Status Evaluation**

Instructions: Check all descriptions that apply

**General Description**

**Grooming & Hygiene:**  Well Groomed  
 Average  Dirty  Odorous  Disheveled  
 Bizarre  
 Comments:

**Eye Contact:**  Normal for culture  
 Little  Avoids  Erratic  
 Comments:

**Motor Activity:**  Calm  Restless  
 Agitated  Tremors/Tics  Posturing  Rigid  
 Retarded  Akathesis  E.P.S.  
 Comments:

**Speech:**  Unimpaired  Soft  
 Slowed  Mute  Pressured  Loud  
 Excessive  Slurred  Incoherent  
 Poverty of Content  
 Comments:

**Interactional Style:**  Culturally congruent  
 Cooperative  Sensitive  
 Guarded/Suspicious  Overly Dramatic  
 Negative  Silly  
 Comments:

**Orientation:**  Oriented  
 Disoriented to:  
 Time  Place  Person  Situation  
 Comments:

**Intellectual Functioning:**  Unimpaired  
 Impaired  
 Comments:

**Memory:**  Unimpaired  
 Impaired re:  Immediate  Remote  Recent  
 Amnesia  
 Comments:

**Fund of Knowledge:**  Average  
 Below Average  Above Average  
 Comments:

**Mood and Affect**

**Mood:**  Euthymic  Dysphoric  Tearful  
 Irritable  Lack of Pleasure  
 Hopeless/Worthless  Anxious  
 Known Stressor  Unknown Stressor  
 Comments:

**Affect:**  Appropriate  Labile  Expansive  
 Constricted  Blunted  Flat  Sad  
 Worried  
 Comments:

**Perceptual Disturbance**

None Apparent

**Hallucinations:**  Visual  Olfactory  
 Tactile  Auditory:  Command  
 Persecutory  Other  
 Comments:

**Self-Perceptions:**  Depersonalizations  
 Ideas of Reference  
 Comments:

**Thought Process Disturbances**

None Apparent

**Associations:**  Unimpaired  Loose  
 Tangential  Circumstantial  Confabulous  
 Flight of Ideas  Word Salad  
 Comments:

**Concentration:**  Intact  Impaired by:  
 Rumination  Thought Blocking  
 Clouding of Consciousness  Fragmented  
 Comments:

**Abstractions:**  Intact  Concrete  
 Comments:

**Judgments:**  Intact  
 Impaired re:  Minimum  Moderate  Severe  
 Comments:

**Insight:**  Adequate  
 Impaired re:  Minimum  Moderate  Severe  
 Comments:

**Serial 7's:**  Intact  Poor  
 Comments:

**Thought Content Disturbance**

None Apparent

**Delusions:**  Persecutory  Paranoid  Grandiose  
 Somatic  Religious  Nihilistic  
 Being Controlled  
 Comments:

**Ideations:**  Bizarre  Phobic  Suspicious  
 Obsessive  Blames Others  Persecutory  
 Assaultive Ideas  Magical Thinking  
 Irrational/Excessive Worry  
 Sexual Preoccupation  
 Excessive/Inappropriate Religiosity  
 Excessive/Inappropriate Guilt  
 Comments:

**Behavioral Disturbance**

**Behavioral Disturbances:**  None  Aggressive  
 Uncooperative  Demanding  Demeaning  
 Belligerent  Violent  Destructive  
 Self-Destructive  Poor Impulse Control  
 Excessive/Inappropriate Display of Anger  
 Manipulative  Antisocial  
 Comments:

**Suicidality/Homicidality**

**Suicidal:**  Denies  Ideation Only  
 Threatening  Plan  
 Comments:

**Homicidal:**  Denies  Ideation Only  
 Threatening  Target  Plan  
 Comments:

**Other**

**Passive:**  Amotivational  Apathetic  
 Isolated  Withdrawn  Evasive  Dependent  
 Comments:

**Other:**  Disorganized  Bizarre  
 Obsessive/compulsive  Ritualistic  
 Excessive/Inappropriate Crying  
 Comments:

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**IX. Summary and Diagnosis**

**I. Diagnostic Summary:** (Be sure to include assessment for risk of suicidal/homicidal behaviors, significant strengths/weaknesses, observations/descriptions, symptoms/impairments in life functioning, i.e., Work, School, Home, Community, Living Arrangements, etc, and justification for diagnosis)

**II. Admission Diagnosis** (check one Principle and one Secondary)

**Axis I**  Prin  Sec Code \_\_\_\_\_ Nomenclature \_\_\_\_\_  
(Medications cannot be prescribed with a deferred diagnosis)

Sec Code \_\_\_\_\_ Nomenclature \_\_\_\_\_  
Code \_\_\_\_\_ Nomenclature \_\_\_\_\_  
Code \_\_\_\_\_ Nomenclature \_\_\_\_\_  
Code \_\_\_\_\_ Nomenclature \_\_\_\_\_

**Axis II**  Prin  Sec Code \_\_\_\_\_ Nomenclature \_\_\_\_\_  
 Sec Code \_\_\_\_\_ Nomenclature \_\_\_\_\_  
Code \_\_\_\_\_ Nomenclature \_\_\_\_\_

**Axis III** \_\_\_\_\_ Code \_\_\_\_\_  
\_\_\_\_\_ Code \_\_\_\_\_  
\_\_\_\_\_ Code \_\_\_\_\_

**Axis IV** Psychological and Environmental Problems which may affect diagnosis, treatment, or prognosis

**Primary Problem #:** \_\_\_\_

**Check as many that apply:**

- |  |   |   |   |
|--|---|---|---|
| 1. <input type="checkbox"/> Primary support group            | 2. <input type="checkbox"/> Social environment      | 3. <input type="checkbox"/> Educational           | 4. <input type="checkbox"/> Occupational        |
| 5. <input type="checkbox"/> Housing                          | 6. <input type="checkbox"/> Economics               | 7. <input type="checkbox"/> Access to health care | 8. <input type="checkbox"/> Involve w/Legal Sys |
| 9. <input type="checkbox"/> Other psychosocial/environmental | 10. <input type="checkbox"/> Inadequate information |   |   |

**Axis V** Current GAF: \_\_\_\_\_ DMH Dual Diagnosis Code: \_\_\_\_\_

**III. Specialty Mental Health Services Medical Necessity Criteria:**

- |   |                              |                             |
|---|------------------------------|-----------------------------|
| 1. Medi-Cal Specialty Mental Health Included Diagnosis                                    | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 2. Significant impairment in life functioning due to the Included Diagnosis               | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 3. Expectation that proposed interventions can impact the client's condition              | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 4. Mental Health Condition will not be responsive to physical health care based treatment | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

**IV. Disposition/Recommendations/Plan**

**V. Signatures**

\_\_\_\_\_  
Assessor's Signature & Discipline

\_\_\_\_\_  
Date

\_\_\_\_\_  
Co-Signature & Discipline

\_\_\_\_\_  
Date

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